

STEPWISE / PRIVACY POLICY

Your privacy, plainly explained.

Updated 23 September 2026. This policy covers Stepwise 1.0.1 for iPhone and iPad, operated by Cubicfox Kft. Contact: info@cubicfox.com. It describes this mobile release; cloud journal sync and purchases are disabled.

Your journal stays on your device

Stepwise stores the profile details you enter, medication plans, reminders, health and wellbeing entries, garden progress, and optional photos with dates and notes in an encrypted SQLCipher database on your device. The database key is kept using the operating system's secure credential storage. The local journal is not uploaded to Cubicfox when you use the app or create an account. Cloud journal sync is disabled in this release.

What your entries are used for

Your local entries provide your history, charts, reminders, exports and personal progress. Stepwise does not sell your health entries, use advertising trackers, or send health data or photos to an AI model. There is no subscription or payment collection in this release.

Optional account

You can use the journal without an account. If you register, Supabase processes your email address, account identifier, authentication records, and the time and version of the terms you accepted. Resend delivers verification and sign-in codes. These providers also process the technical information needed to deliver and secure their services, such as connection information and delivery records. Account credentials on the device are stored in its encrypted database. An account is not a backup of your health journal.

Apple Health

With your permission, Stepwise reads your daily step count automatically after personal setup. iOS controls background delivery; totals are refreshed when you open the app. Step counts and daily-goal rewards remain on the device. Other Health records require an explicit review and import step. Stepwise can read weight, water, dietary energy, protein, body fat, lean body mass and blood glucose records, with dates and source information. It does not write to Apple Health. Imported records stay in your local journal. You can manage read permissions in Apple Health at any time. Revoking permission stops future access but does not remove copies you already imported; remove those in Stepwise. Apple does not disclose denied read permissions to apps.

Photos and camera

Camera access is requested when you open the camera. No microphone is requested. Photos are resized and re-encoded on your device to remove embedded camera and location metadata before storage. Positioning guides are not saved into the photo. Timelapse playback stays in the app and does not publish a video. Deleting a photo removes its image and note; its record identifier may remain until journal erasure to prevent a delayed retry restoring it.

Widgets and reminders

Widgets receive your XP, active dates and timezone by default. If you choose a medication plan for a widget, the selected name and schedule are also copied into operating-system widget storage outside the encrypted journal and may appear on a home or lock screen. Switching back to Momentum removes that medication payload; the operating system controls displayed refresh timing. Notifications are managed by the operating system and may be visible on a locked device. You control notification visibility and permission in device settings.

Exports and separate copies

CSV and JSON journal exports do not include the photo album. Album ZIP exports include images, dates and notes and are not encrypted. Sharing creates copies outside the encrypted journal, under your control. Failed native exports are removed from temporary storage; successful temporary export files are eligible for cleanup after one hour when the app runs cleanup. Shared files, calendar exports, screenshots and any device backups are separate copies. Deleting records in Stepwise does not delete those copies.

Retention and deletion

Local journal records remain until you delete them or erase the journal. Deleted-entry identifiers may remain until journal erasure to prevent retries restoring deleted entries. Settings provides separate controls for account deletion and device journal erasure. Account deletion removes the active sign-in account; signing out only clears the local session and retains the journal. Erasing the journal also requests reminder and widget cleanup, and the app reports cleanup failures. Service providers may retain security, delivery or backup records under their own retention settings and legal obligations.

Support and service providers

If you email support, we receive your address and the information you choose to send and use them to answer and resolve your request. Avoid including health records or private photos unless needed. Supabase and Resend process account and email-service information for their respective functions. Processing locations can differ from your country. Their current privacy and transfer information is available at supabase.com/privacy and resend.com/legal/privacy-policy. We do not send your local journal to these providers.

Optional usage analytics

Usage analytics is optional and off until you choose Allow usage analytics. If you agree, Stepwise sends app opens, feature screens, onboarding steps and action success or failure to Amplitude in the United States. Events include a random app identifier, an opaque account ID when signed in, event time, platform, release and environment. They do not include your name, email address, health values, medication details, journal text, photos, advertising identifiers or location coordinates. Stepwise does not enable automatic form capture or session recordings. Amplitude receives technical connection information when handling HTTPS requests. You can turn analytics off in Settings; this clears pending events and the local analytics identifier and stops future collection. Previously received events are not automatically deleted by opting out or deleting your Stepwise account. Contact info@cubicfox.com for access or deletion requests. Your usage of a health app can itself be sensitive; accepting analytics is separate from accepting the terms and is never required to use Stepwise.

Your choices and rights

Providing journal information, photos and Health access is optional. You can edit, export and erase your journal in the app. Account information is used to provide the optional account service; security records help protect that service. Where data-protection law applies, you may request access, correction, deletion, portability or restriction, object to eligible processing, and withdraw consent for optional processing. Contact info@cubicfox.com; we may need to verify your identity. You can also complain to your local data-protection authority. Withdrawing consent does not undo earlier lawful processing.

Adults, updates and contact

Stepwise is intended for adults tracking their own prescribed routine. Do not use it to enter another person's health information. If you believe personal data was provided in error, contact info@cubicfox.com. We will update this policy when the service changes and identify the updated date. Cubicfox Kft. is the operator responsible for the account and support processing described here.